

# TOTO KERBLAMMO!

## SHOW GUIDANCE FOR YOUNG PEOPLE



The play is called Toto Kerblammo! and it's about a 12-year-old girl called Effy and her dog, Toto. Effy's life is quite tough and things at home haven't been easy.

This play is a bit different from others you might have seen. You'll be wearing headphones during the show, and some of the story happens through what you hear as well as what you see on stage.

There are some big themes and emotions and in this play. Effy's mum is unwell and isn't able to look after her properly right now, and that's hard for Effy. Also, themes of sadness, bereavement, loss and friendship also come up. It's okay if you find parts of it upsetting - theatre can be a space for complex emotions. The play ends with hope, with friendship, and with Effy learning that she doesn't have to face everything alone.



- \* It's okay to feel things during the show. That's what theatre is for.
- \* If something upsets you, please share it with an adult and talk about it. Don't keep it to yourself.
- \* At the end of the show you will be given a reflection card, with a creative check-out.
- \* The headphones use exciting technology that presents sounds in 3D so they sound like they are happening around you.
- \* This can feel imitate and interesting. Some of sounds are very calming.
- \* There are no jump scares, but some of the sounds are quite powerful and immersive because of the headphones. You can take them off at any time if you need a break.



This resource has been created with Place2Be, one of the UK's leading children and young people's mental health charities.